

Medicare Part B Beneficiaries

- Medicare Part B participants with a diagnosis of diabetes or non-dialysis kidney disease are eligible for medical nutrition therapy.
- Medicare Part B will reimburse three hours of nutrition therapy for the first year and two hours each year after.
- A physician referral with appropriate diagnosis and lab work is required in order for Medicare to cover nutrition therapy.
- The Harrington Hospital Outpatient Registered Dietitian is an approved Medicare Provider.

How to Set Up an Appointment

- A physician referral is required for outpatient medical nutrition therapy at Harrington Hospital.
- Many insurance carriers provide coverage for medical nutrition therapy; however, some participants may be required to cover the cost themselves.
- Before scheduling an appointment, please obtain a referral from your physician and be sure to check with your insurance company to confirm the extent of your coverage.
- Please call 508-765-9771, ext. 6474 to schedule an appointment.

For more information about our Outpatient Nutrition Therapy Program, or to schedule an appointment, please call (508) 765-9771, ext. 6474.

*Nutrition Therapy.
Another example of
Harrington's TLC —
Total Local Care.*

Harrington
HOSPITAL
Total Local Care

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www.harringtonhospital.org

NUTRITION THERAPY
Harrington
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Outpatient Nutrition Therapy

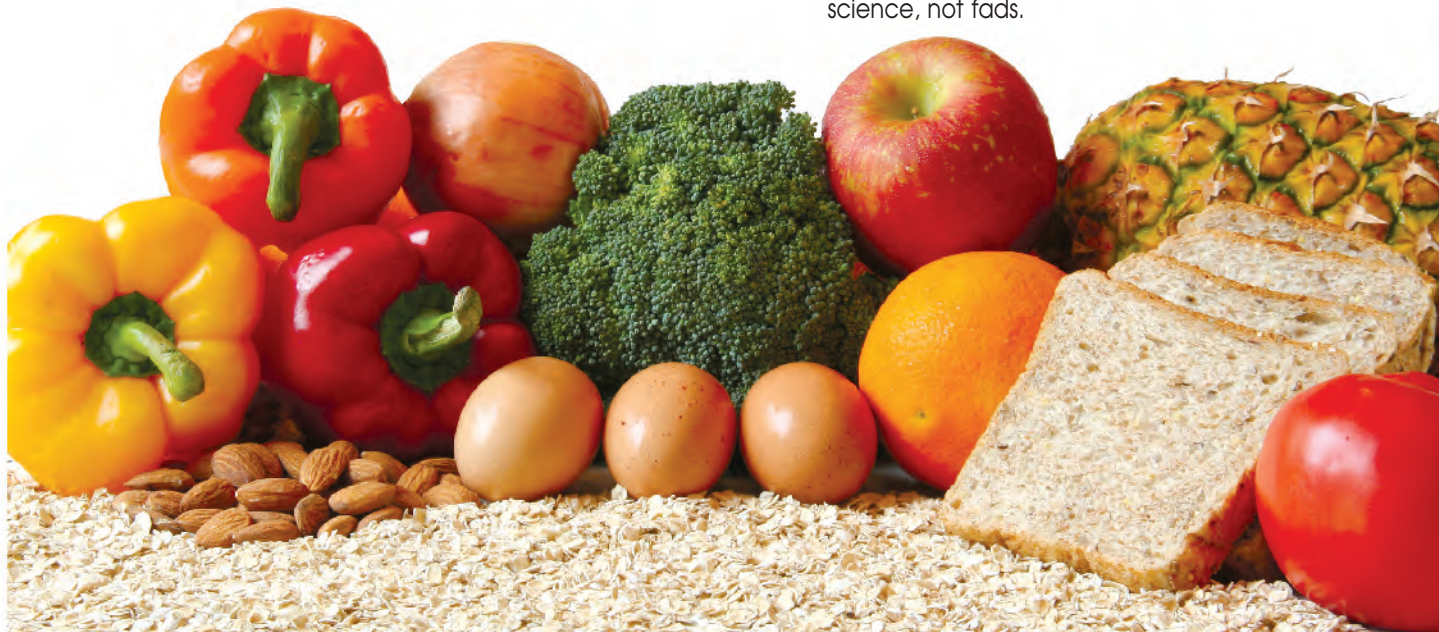


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Strategies for Healthy Living

Harrington's Outpatient Nutrition Therapy Program can help you and your family learn to eat better as a way to prevent or manage disease. Counseling is provided by a Registered Dietitian who specializes in the science of medical nutrition therapy.

In one-on-one counseling sessions, the Dietitian will work with you to create a personalized nutrition and exercise plan that is tailored to your individual needs.



Expert Nutrition Counseling

Good nutrition plays a vital role in maintaining health and preventing disease. Meeting with a Registered Dietitian at Harrington can help you learn how to read food labels, modify recipes, understand portion sizes, and make smarter choices when planning meals.

Advice You Can Trust

The nutrition professionals at Harrington are Registered Dietitians (RD's) licensed in Massachusetts and members of the American Dietetic Association. RD's are nutrition experts with degrees in human nutrition. They keep up to date on the latest nutrition research to give you reliable nutrition information based on science, not fads.

Whether you're looking to lower your cholesterol or blood pressure, better manage your blood glucose, lose weight, or simply increase your energy and prevent disease, Harrington's Registered Dietitians can help.

Our areas of expertise include:

- Diabetes
- Obesity (Adult and Pediatric)
- Heart Disease
- Digestive Disorders
- Celiac Disease
- Cancer
- Food Allergies
- Prenatal Nutrition
- Pediatric Nutrition
- Eating Disorders
- Kidney Disease

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