

Where Can I Take Classes?

Classes are taught at two locations:

Harrington Hospital
100 South Street
Southbridge, MA 01550

Harrington HealthCare at Hubbard
340 Thompson Rd
Webster, MA 01570

Private Classes:

Private classes are available for organizations, industries, restaurants, etc. A minimum number of students is required and must not exceed the maximum. If the maximum is exceeded multiple sessions would become necessary. Please call for details.



**CPR and First Aid
Education and Training
are offered by
Harrington Hospital's
Education Department
in Southbridge.**

Phone: 508-765-3050

Fax: 508-764-2475

Harrington

HEALTHCARE SYSTEM

Total Local Care

100 South Street, Southbridge, MA 01550

CPR AND FIRST AID TRAINING

Harrington

HEALTHCARE SYSTEM

Total Local Care

Cardiopulmonary Resuscitation (CPR) and First-Aid Training



Save a Life ... Learn CPR!

It's important to know how to react in an emergency situation. The Education Department of Harrington Hospital is dedicated to teaching you how to save a life. We are proud to offer First Aid and CPR classes to the community.

Cardiopulmonary Resuscitation (CPR) is a combination of rescue breathing and chest compressions delivered to victims thought to be in cardiac arrest.

All CPR classes follow the newest guidelines from the American Heart Association.

Know Your Facts!

◆ **About 80 percent of all out-of-hospital cardiac arrests occur in private residential settings.**

Being trained to perform CPR can mean the difference between life and death for a loved one.



Which Class Fits Your Need?

1. **Healthcare Provider CPR** — This course is designed for the medical professional only.
2. **Healthcare Provider CPR Recertification** — This course is designed for the medical professional whose certification is about to expire.
3. **Heartsaver AED** — Learn the skills of CPR plus the advanced skill of the Automated External Defibrillator.
4. **Pediatric First Aid & CPR** — This course is geared toward anyone with exposure to small children (Parent, Grandparent, care taker, etc.). This class includes Heartsaver AED. The First Aid portion of the class focuses on Pediatric First Aid only.
5. **Adult First Aid & CPR** — This course is geared toward anyone with exposure to adults (care takers, workplace, etc.). Class includes Heartsaver AED. The First Aid portion of the class focuses on Adult First Aid only.



For prices and schedules call:
508-765-3050

Information and schedules can
also be found on the Web:
www.harringtonhospital.org