

## Our Expanded Services Include:

- 30-Day Event Monitoring
- 24-Hour Holter Monitoring
- Cardiac CT Angiography\*
- Cardiac Rehabilitation
- Carotid Duplex Testing
- Echocardiography (Echo)
- Electrocardiography (EKG)
- Exercise Stress Testing
- Nuclear Imaging
- Pharmacologic Stress Testing
- Pulse Volume Rate (PVR) Study
- Transesophageal Echocardiography (TEE)
- Transthoracic Echocardiography (TTE)

\* Arriving soon.

Our Harrington cardiologists will work hand-in-hand with your primary care physician to diagnose, treat, and manage a wide range of cardiac problems, including coronary artery disease, chest pain, arrhythmias, heart murmurs, valvular heart disease, hypertension, hyperlipidemia, congestive heart failure, and pacemaker therapy.

For more information about our Cardiac Care Center, please call 508-764-2404

*The Cardiac Care Center at Harrington is just another example of how we provide TLC - Total Local Care.*



100 South Street,  
Southbridge, MA 01550  
508-764-2404

CARDIAC CARE



Keep Your **Heart** Close to Home  
with Harrington's  
**Cardiac Care Center**



What is

Cardiac Care

All About?

**A** strong healthy heart can help keep you active and your life vibrant. Unfortunately, heart disease and heart-related illnesses are the number one cause of death in men and women in the United States.

Patients are often encouraged to play an active role in their own health by recognizing the importance of changes in lifestyle, nutrition, and fitness.

While this is helpful, those who have experienced a cardiac event can receive personalized treatment at Harrington's Cardiac Care Center. The newly renovated space offers cardiovascular testing, as well as Cardiac Rehabilitation, one of the first programs of its kind in Massachusetts.

## Cardiac Rehabilitation

Whether you've experienced a heart attack, had bypass or heart valve surgery, or have been diagnosed with coronary artery disease, you can seek help with Harrington's Cardiac Rehabilitation Program. We begin with the diagnosis of heart disease and extend beyond the recovery phase.



### What our program includes:

- Assisting individuals to identify and modify their risk factors, increase their physical activity and return to an active and satisfying lifestyle;
- A team approach to your care, involving doctors, cardiologists, nurses, physical and occupational therapist, social workers and dieticians;
- Three Phases of Cardiac Rehabilitation Care, including inpatient and outpatient services.



### How can I begin my Cardiac Rehabilitation?

Talk to your doctor or call us at 508-765-2295. During your participation, your doctor will remain in charge of your overall care.

### What about insurances?

Every insurance policy is different. Our staff can help you determine your benefits.

### Do you see patients at other locations?

Yes! Our staff can see patients at our medical office buildings at 340 Thompson Road, Webster, and 10 North Main Street, Charlton.\*

*\*Not all services available in all locations.*