

Our Services Include:

- Family Services
- Family Therapy
- Group Therapy
- Office-based Therapy
- Medication Management
- Parent Support Groups
- Parent Training Groups
- Psychiatric Evaluations
- School-based Consultation

School-Based Services:

- Webster Middle School
- Bartlett Jr./Sr. High School
- Charlton Street School, Southbridge
- West Street School, Southbridge
- Wells Middle School, Southbridge
- Tantasqua Regional High School
- Bay Path Regional High School
- Project C.O.F.F.E.E., Oxford

Harrington HealthCare's Child and Family Services can be found at the following locations:

GB Wells Human Services Center
29 Pine Street
Southbridge, MA

336 Thompson Road
Webster, MA

10 North Main Street
Charlton, MA

Hours of Service

Monday-Thursday 8 a.m. to 8 p.m.
Friday 8 a.m. to 5 p.m.
Saturday 8 a.m. to 1 p.m.

After-hours support:
Call 508-765-9167

Interpreter services available
Most insurances accepted.

Harrington

HEALTHCARE SYSTEM

Total Local Care



Our Services Can Help You ...

- Is your child having difficulty in school?
- Are they having problems making and keeping friends?
- Do they seem sad or angry all the time?
- Have they experienced a traumatic event?
- Are you having a difficult time with their behavior?

The team of clinical staff at Harrington Health-Care Child and Family Services are trained to work with children and adolescents who are experiencing emotional difficulties.

Our Child and Family Clinicians use many types of interactive therapy, including play and art, in order to assist clients in identifying and discussing their thoughts, feelings and emotions.

Our therapists will work with your family to develop an individualized treatment plan that outlines goals and objectives for therapy.

We don't just work with children - we work with the entire family. We incorporate everyone as a part of treatment, and assist with identifying parenting skills that are the best match for your child's learning style.

OUR SERVICES INCLUDE:

Individual: This is an opportunity for the child to meet one-on-one with a therapist to discuss their feelings and thoughts. Therapy sessions can be scheduled at one of our offices or at your child's school.

Group Therapy: This is an opportunity for your child to learn and grow with others that experience similar social and emotional issues. Groups are developed to address issues such as anger management or social skills.

Psychiatric Evaluations: The decision to start your child on medication can be difficult. Your child's therapist can make a referral to one of our child psychiatrists in order to assess if medications could be helpful.

Medication Management: Once you have determined your child or adolescent can benefit from medication, they will meet with a licensed psychiatrist on a regular basis.

Family Therapy: This is an opportunity to discuss issues and concerns that impact the whole family.

Parent Groups: These groups are focused on topics and provide parents with beneficial information and skills.

How Do I Get Started?

Call our main number - **508-765-9167** - and ask to speak with the intake coordinator. If you have insurance, please have that information available.

What to expect when you call:

The intake coordinator will set up a time for you to come to one of our offices for an intake appointment. Parents are expected to be part of the assessment appointment to discuss the issues that you and your child are currently experiencing.