

## The Team at Harrington Hospital ...

is dedicated to educating you and your family about diabetes. Through collaboration between the physician, diabetic educator, dietitian, and social worker, we will make every effort to provide you with the appropriate diabetes information for self management.

The Education Department at Harrington offers a variety of classes to help you and your family and are taught by experienced health professionals. Please consider the options available to you and your family.

For more information about our Diabetic Education programs, or to schedule an appointment, please call 508-765-9771, ext. 3050 or 2294.

*Diabetes Education.  
Another example of  
Harrington's TLC —  
Total Local Care.*

**Harrington**  
HOSPITAL

*Total Local Care*

100 South Street, Southbridge, MA 01550  
508-765-3050, 508-765-9771 ext. 2294 or 508-765-2294

## Diabetes Education Program



# Diabetes Support Group

Meetings are held every month at Harrington Hospital FREE of charge. Please call the Education department for the date and time of the next support group.

## Inpatient & Outpatient Education

In one-on-one counseling sessions, the Diabetes Educator will work with you to create a personalized plan that is tailored to your individual needs.

The following services are available on an individual basis by appointment with a physician referral and in most cases is covered by your insurance:

- **New Diagnosis Diabetes**
- **Basic Diabetes Education**
- **Blood Glucose Monitoring**
- **Control Issues**
- **Meal Planning / Carbohydrate Counting**
- **Medication Administration**
- **Insulin Administration**
- **Insulin Pump**

# Medicare Part B Beneficiaries

- Medicare Part B participants with a diagnosis of diabetes eligible for diabetes therapy.
- Medicare Part B will reimburse three hours of nutrition therapy for the first year and two hours each year after.
- A physician referral with appropriate diagnosis and lab work is required in order for Medicare to cover diabetes therapy.

## How to Set Up an Appointment

- A physician referral is required for outpatient diabetes education at Harrington Hospital.
- Many insurance carriers provide coverage; however, some participants may be required to cover the cost themselves.
- Before scheduling an appointment, please obtain a referral from your physician and be sure to check with your insurance company to confirm the extent of your coverage.

**Please call 508-765-9771, ext. 3050 or 2294 to schedule an appointment.**

