

Meet our Physicians



**Janet D. Pearl, M.D.,
M.Sc.**

Medical Director
Board Certified,
Pain Medicine.
For an appointment,
call 508-665-4344



Ashraf Farid, M.D.

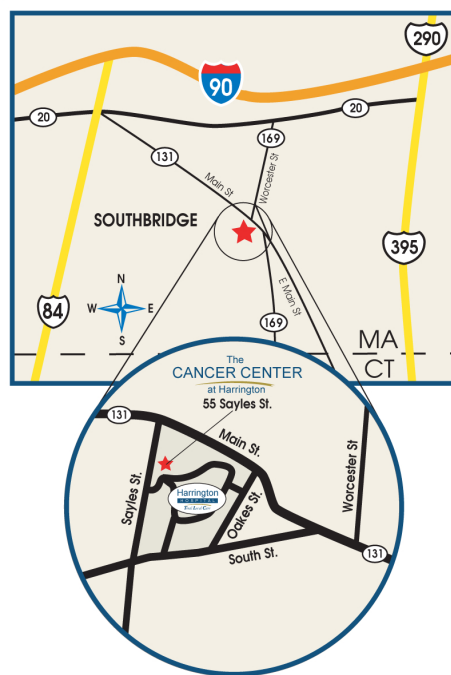
Board Certified,
Pain Medicine.
Clinical Instructor, Surgery,
Brown Warren Alpert
Medical School.
For an appointment,
call 508-765-1005



A. Steve Reddy, M.D.*

Board Certified,
Radiology and Neuroradiology.
Associated with Beth Israel
Deaconess Medical Center.
Instructor at Harvard
Medical School.
For an appointment,
call 508-765-3020

** Dr. Reddy, an interventional radiologist, performs kyphoplasty and vertebroplasty procedures.*



The PAIN CENTER at Harrington

is located at:

55 Sayles Street
Southbridge, MA
508-765-2125

Harrington
HEALTHCARE SYSTEM

Total Local Care

100 South Street, Southbridge MA 01550

PAIN MANAGEMENT

The
PAIN CENTER
at Harrington





Why Visit the Pain Center?

We see patients for a variety of reasons, including:

- Arthritis
- Back Pain/Sciatica
- Cancer-Related Pain
- Chronic Headaches
- Injury/Trauma Pain
- Joint Pain
- Muscle Spasm
- Neck Pain
- Neuropathy
- Pain following accidents/surgery
- Spinal Stenosis

Whether acute or chronic, our Pain Center is available to treat any kind of pain you might have.

Treatments We Offer

The Pain Center at Harrington offers treatments on a case-by-case basis, including:

- Epidural Steroid Injections
- Facet Blocks
- Kyphoplasty/Vertebroplasty
- Nerve Blocks
- SI Injections
- Spinal Cord Stimulation

Our mission at The Pain Center at Harrington:

- Reduce pain and pain medications
- Increase mobility
- Improve your quality of life

When should a patient seek a Pain Center consult?

- ▶ Your pain lasts for 3 months or more
- ▶ Does pain prevent you from:
 - walking any distance?
 - sitting at all or for extended periods of time?
 - standing at all or for extended periods of time?
 - getting a good night's sleep?
 - lifting or carrying objects?
 - having a sexual relationship with your partner?
- ▶ Does your pain restrict your household or work activities?
- ▶ Does your pain seem to be getting worse?
- ▶ Does pain restrict your social life or your ability to travel?

If you answered "yes" to 3 or more of these questions, call to make an appointment with one of our pain specialists – we can help you.

We understand that persistent pain can make it difficult to do the things you enjoy. The Pain Center at Harrington is a complete pain management clinic, with physicians who specialize in the diagnosis and treatment of all types of chronic pain. Our goal is to provide you with the most comprehensive treatment to effectively manage your pain, all while providing you with TLC - Total Local Care.

Collaborative Treatment

When you visit The Pain Center at Harrington, you are being treated by our entire HealthCare System. Our physicians work closely with our outpatient services, including Rehabilitation (Physical and Occupational Therapy), Diagnostic Imaging and Laboratory specialists.

We combine the techniques of our skilled physicians who are trained in Pain Medicine, Anesthesiology and Diagnostic and Interventional Radiology.