

Parenting and Child Care

Description : Today's family faces many challenges, the following resources are supports that aid parents' to raise safe and healthy children. The common goal of the listed resources is to strengthen families.

List of Resources

NAME	CONTACT INFO	OTHER INFO
PARENTING		
Healthy Families Program WCAC	WCAC 61 Pine Street Southbridge 508-909-0061	Health and parenting education for first time parents age 20 and under.
Women, Infant, and Children (WIC)	61 Pine St. Southbridge Phone: 508-765-0139 228 Main St. Webster Phone: 508-943-6183	Food and nutrition supplement to pregnant women and low income families with children under age 5 and pregnant women.
Good Start MSPCC	335 Chandler Street Worcester, MA 01602 Phone: 800-442-3035	Parenting education, support, home visits and services for expectant mothers older than 20 and parents with children birth to 3 years of age.
Catholic Charities Skills, Opportunities And Resources Program	79 Elm St. Southbridge MA 01550 Phone: 508-765-5936	Program for parenting and life skills training. No fee. Only for Tri-Community residents.
Pregnant/Parenting Teen Program (PPT program)	52 Charlton St. Southbridge 508-765-9101 X47	Parent support groups, advocacy, transportation services for those up to 23 years old, assist in education completion.
G.B. Wells Human Services Center	29 Pine Street Southbridge MA 01550 Phone: 508-765-9167	Child, adult and family counseling. Sliding scale. Affiliate of Harrington Hospital.
Early Intervention Partnership Program Kennedy-Donovan Center	486 Worcester Street Southbridge MA 01550 Phone: 508-765-0292	Home visiting support for high risk pregnant and postpartum mothers and infants up to one year old.
Parent Stress Line	24 hr Hotline: 1-800-632-8188	For Massachusetts residents only.
Parents Helping Parents	Phone: 1-800-632-8188 www.parentshelpingparents.org	Runs a statewide network of support groups for parents. A group meets weekly in Southbridge.

This Compendium of Resources Information Sheet is provided as a community service to patients and families by Harrington Memorial Hospital and the hospital's member physicians.

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Harrington Memorial Hospital Social Services Department
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Auburn Youth and Family Services	21 Pheasant Court Auburn, MA Phone: 508-832-5707	Offers afterschool program, parent support groups, parenting classes, parent/child activity groups.
Comprehensive Family Services (YOU inc.)	81 Plantation St. Worcester, MA 01604 Phone: 508-849-5600 Fax: 508-849-5617	Family counseling, advocacy, and referral especially for families with adolescents.
CONNECTICUT Nurturing Families Network (Day Kimball Healthcare)	860-928-6541 X2077 Mon – Fri 8 a.m – 4 p.m.	Free services for 1st time parents with children < 3 months old, including phone support and home visits. Education for parenting a child up to age 5.
CHILD CARE		
Head Start	Southbridge: 508-765-9544 Oxford/Webster: 508-987-0829	Family centered pre-school for low-income families.
Child Care Connection	31 Harvard Street Worcester, MA 01609 Phone: 1-800-278-1503	Child care resource and referral services.
Child Care Resources	799 W. Boylston Street Worcester, MA 01608 Phone: 508-796-1829	Referral to day care providers for parents enrolled in the Dept. of Transitional Assistance.
Charlton Child Care Provider's Assoc.	www.charltonchildcareproviders.com	Local providers offering child care services. Each program will vary so view the provider's page for all details, including contact info.
Guild of St. Agnes Child Care Center	88 Masonic Home Road Charlton MA 01508 Phone: 508-434-2345	Childcare program for children age 4 weeks to 5 years. Vouchers accepted.
Worcester Comprehensive Child Care Services	160 Tacoma St. Worcester, MA 01605 Phone: 508-852-3792	Childcare programs for children ages 4 weeks to 13 years. Sliding scale, DSS vouchers accepted. Transportation assistance for DSS cases.
Kids Unlimited	35 Trolley Crossing Road Charlton, MA 01507 Phone: 1-800-422-6738	Referral system to licensed private day care homes and subsidized day care. \$30 referral fee upon acceptance.

*Additional information and resources can be accessed through
 Mass 2-1-1 Referral Line by dialing "211" or 877-211-6277
 Available 7 days a week - 24 hours
 TTY: 617-536-5872 Spanish Service available.

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