

## Substance Abuse

**Description:** People of all ages and cultures can be affected by substance abuse. The following resources provide information about prevention, intervention, and treatment. Alcoholism and drug addiction can be treated successfully.

### List of Resources

| NAME                                                                                                              | CONTACT INFO                                                                                          | OTHER INFO                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                   | <b>HELPLINES</b>                                                                                      |                                                                                                                                            |
| Mass. Substance Abuse Information & Referral Helpline                                                             | Phone: 800-327-5050<br>TTY: 617-536-5872                                                              | Information on alcohol and drug abuse services in multiple languages. M-F 8:00am -11:00pm<br>Sat. and Sun. 9:00am - 5:00pm                 |
| Cocaine Anonymous National Referral Line                                                                          | Phone: 800-347-8998                                                                                   | Referrals to meetings.                                                                                                                     |
|                                                                                                                   | <b>SUPPORT SERVICES</b>                                                                               |                                                                                                                                            |
| Harrington Outpatient Recovery Services                                                                           | 29 Pine Street<br>Southbridge, MA 01550<br>Phone: 508-765-2725                                        | Substance abuse counseling. Most insurances accepted. Monday's 8:30am. Walk-in.                                                            |
| Griswold Behavioral Health Center @ Wing Memorial Hospital                                                        | 42 Wright Street<br>Palmer, MA<br>Phone: 413-284-5285                                                 | Addiction recovery programs, and self-help groups.                                                                                         |
| Alcoholics Anonymous<br><a href="http://www.aaworcester.org">www.aaworcester.org</a>                              | 100 Grove Street, Rm. 314<br>Worcester, MA 01605<br>Phone: 508-752-9000                               | Self-help group for alcoholics. No fee.                                                                                                    |
| Al-Anon Family Groups of Mass. Inc.<br><a href="http://www.ma-al-anon-alateen.org">www.ma-al-anon-alateen.org</a> | 57 East Main St., Suite 109<br>Westborough, MA 01581<br>Phone: 508-366-0556<br>Monday-Friday, 9am-4pm | Self-help groups for relatives and friends of alcoholics, and for teens affected by another person's drinking.                             |
| Henry Lee Willis Community Center<br>(Outpatient Clinic)                                                          | 44 Front Street<br>Worcester, MA 01609<br>Phone: 508-799-2934                                         | Outpatient substance abuse support services. 1 <sup>st</sup> & 2 <sup>nd</sup> offender DUI Program. MassHealth, Medicaid & sliding scale. |
| Spectrum Health Systems, Inc.                                                                                     | 585 Lincoln Street<br>Worcester, MA 01605<br>Phone: 508-854-3320                                      | Outpatient substance abuse treatment (counseling, detox and education) Methadone clinic.                                                   |
| Sister of Providence Hospital                                                                                     | 1233 Main Street<br>Holyoke, MA 01040<br>Phone: 413-536-5111                                          | Outpatient methadone clinic. Maintenance treatment program.                                                                                |
| Substance Abuse Parole Re-Entry Unit                                                                              | 332 Main Street, Suite 201<br>Worcester, MA 01608<br>Phone: 508-753-7252                              | Community support services for active or recent parole supervision.                                                                        |

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| SMART Recovery<br>(Self-Management And<br>Recovery Training)<br><a href="http://www.smartrecovery.org">www.smartrecovery.org</a> | 7304 Mentor Ave., Suite F<br>Mentor, OH 44060<br>Toll free: 866-951-5357 | Face to face and online mutual<br>help groups and programs for all<br>types of addictive behaviors. |
| <b>RESIDENTIAL</b>                                                                                                               |                                                                          |                                                                                                     |
| Faith House Inc.                                                                                                                 | Worcester, MA<br>Phone: 508-438-5625                                     | For chemically dependent women<br>18 years and over.                                                |
| Channing House                                                                                                                   | Worcester, MA<br>Phone: 508-755-8088                                     | Residential treatment for male<br>substance abusers.                                                |
| Linda Faye Griffin House                                                                                                         | Worcester, MA<br>Phone: 508-755-8990                                     | For women substance abusers 18<br>years and under.                                                  |
| Crozier House<br>(Catholic Charities)                                                                                            | Worcester, MA<br>Phone: 508-798-0191                                     | Residential program for males 18<br>years and over. Weekly fees.                                    |
| Greater Worcester Housing<br>Connection                                                                                          | 701 Main Street<br>Worcester, MA 01610<br>Phone: 508-757-8332            | Temporary emergency shelter for<br>homeless substance abusers 18<br>years and over.                 |
| My Sister's House                                                                                                                | Springfield, MA<br>Phone: 413-733-7891                                   | For substance abusing women.<br>Pregnant & post-partum women &<br>infants up to 6 mo. old treated.  |
| Opportunity House                                                                                                                | Springfield, MA<br>Phone: 413-739-4732                                   | Structured residential treatment<br>for men 18 years and over.                                      |

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| <b>INTENSIVE OUTPATIENT PROGRAM</b>                        |                                                                     |                                                                                                    |
| Harrington Outpatient<br>Behavioral Health                 | 29 Pine Street<br>Southbridge, MA<br>Phone: 508-765-9167            | Almost Home Program<br>Intensive daily outpatient<br>addictions treatment program.<br>10 sessions. |
| <b>DETOX</b>                                               |                                                                     |                                                                                                    |
| AdCare Hospital                                            | 107 Lincoln Street, Worcester, MA 01605<br>Phone: 1-800-252-6465    |                                                                                                    |
| Community Healthlink                                       | 68 Jacques Avenue, Worcester, MA 01610<br>Phone: 1-800-750-9009     |                                                                                                    |
| Spectrum Health Systems, Inc.<br>(English/Spanish)         | 154 Oak Street, Westboro, MA 01581<br>Phone: 1-800-366-7732         |                                                                                                    |
| Bay State Medical<br>Carlson Recovery Center               | 471 Chestnut Street, Springfield, MA 01199<br>Phone: 1-413-733-1431 |                                                                                                    |
| Providence Behavioral Health Hospital<br>(English/Spanish) | 1233 Main Street, Holyoke, MA 01040<br>Phone: 1-800-274-7724        |                                                                                                    |

\*Additional information and resources can be accessed through  
 Mass 2-1-1 Referral Line, by dialing "211" or 877-211-6277 Monday - Friday from 8:00  
 am and 8:00 pm. TTY: 617-536-5872 Spanish service available.

This Compendium of Resources Information Sheet is provided as a community service to patients  
 and families by Harrington Memorial Hospital and the hospital's member physicians.  
 This fact sheet was updated August 2011. Website: [www.HarringtonHospital.org](http://www.HarringtonHospital.org)