

## Utilities and Food

**Description:** The following sheet provides information about everyday household necessities such as heat, energy, and food. Families and individuals that may be having a difficult time meeting their utility costs may benefit from the following resources. The following programs offer subsidized or free services.

### List of Resources

NAME	CONTACT INFO	OTHER INFO
	<b>ENERGY &amp; FUEL</b>	
The Good Neighbor Energy Fund <a href="http://www.magoodneighbor.org">www.magoodneighbor.org</a>	Salvation Army  508-756-7191	Provides help to families who are slightly over income for Fuel Assistance Program.
National Grid <a href="http://www.nationalgridus.com">www.nationalgridus.com</a> (for application)	800-322-3223	Discount rates for low-income customers
State Energy Assistance Programs / Heatline  <a href="http://www.mass.gov/dhcd">www.mass.gov/dhcd</a>	800-632-8175 <ul style="list-style-type: none"> <li>• HEARTWAP</li> <li>• LIHEAP</li> <li>• State Heatline</li> </ul>	Provides heating systems repair & replacement services homeowners who receive fuel assistance.  Helps pay the cost of heating.  Gives you phone # for your local fuel asst. agency
Utility Problems <a href="http://www.mass.gov/dte">www.mass.gov/dte</a>	DPU/DTC 800-392-6066	State agency protects gas/electric shutoffs.
Worcester Community Action Council (WCAC) <u>Fuel Assistance Program</u>  <u>Weatherization Assistance Program</u> (WAC)	508-754-1176 X110 800-754-1176 X110 <a href="http://www.wcac.net">www.wcac.net</a>  508-754-1176 press 3	Energy and heating \$\$ help in the Central & Southern Worcester area.  Weatherization services to low income households (tenants or homeowners)
VOC Valley Opportunity Council	300 High Street Holyoke, MA 01040 413-552-1545	Helps with winter heating bills for people in Brimfield, Holland, Palmer, Wales and Monson.

Citizens Energy Oil Heat Program	Citizens Energy Phone: 877-563-4645 6 a.m. – 7 p.m.	Program allows purchase of a one time home heating oil at a reduced rate.
Citizens Energy Gas Heat Program	Citizens Energy Call: 866-427-9918 for an application.	Gives a \$150 utility bill credit to eligible households who heat with natural gas.
Nstar Discounted Rate (gas & electric company)	800-566-2080 <a href="http://www.nstaronline.com">www.nstaronline.com</a> M – Fri 7:30 – 3:00	Helps lower the cost of energy for low income families.
<b>FOOD</b>		
Food Stamps <a href="http://www.gettingfoodstamps.org">www.gettingfoodstamps.org</a>	Department of Transitional Assistance 79 North St. Southbridge, Ma. 01550 Phone: 508-765-2400 Fax: 508-765-0740	Nutrition program for financially eligible individuals and families.
Women, Infants & Children Program (WIC)	61 Pine St. Southbridge 508-765-0139 <a href="http://www.wictlc.com">www.wictlc.com</a>	Supplemental nutrition for pregnant women and children under 5 who are a nutritional risk.
Senior Meals Tri-Valley, Inc.	508-949-6640	Home delivered meals to seniors over age 60 & eligible disabled persons under age 60.
Food Source Hotline	Project Bread 800-645-8333	Statewide emergency food resource helpline. Mon-Fri 8am-7pm Sat. 10am – 2pm
**Additional food resources can be found on the attached sheets.**		
<b>TELEPHONE</b>		
Verizon	1-800-870-9999  ----- Number for assistive equipment: 1-800-974-6006	Discounts to low income households. (Lifeline program)  ----- Free or reduced rates for assistive telephone equipment for the disabled

\*Additional information and resources can be accessed through  
 Mass 2-1-1 Referral Line, a 24 hour service, by dialing “211” or 877-211-6277  
 TTY: 617-536-5872 Spanish service available.

Harrington Memorial Hospital Social Services Department  
Compendium of Resources Fact Sheet

This Compendium of Resources Information Sheet is provided as a community service to patients and families by Harrington Memorial Hospital and the hospital's member physicians.  
This fact sheet was updated November 2009. Website: [www.HarringtonHospital.org](http://www.HarringtonHospital.org)