

Utilities and Food

Description: The following sheet provides information about everyday household necessities such as heat, energy, and food. Families and individuals that may be having a difficult time meeting their utility costs may benefit from the following resources. The following programs offer subsidized or free services.

List of Resources

NAME	CONTACT INFO	OTHER INFO
	ENERGY & FUEL	
The Good Neighbor Energy Fund www.magoodneighbor.org	Salvation Army 508-756-7191	Provides help to families who are slightly over income for Fuel Assistance Program.
National Grid www.nationalgridus.com (for application)	800-322-3223	Discount rates for low-income customers.
State Energy Assistance Programs / Heatline www.mass.gov/dhcd	800-632-8175 <ul style="list-style-type: none"> • HEARTWAP • LIHEAP • State Heatline 	Provides heating systems repair & replacement services homeowners who receive fuel assistance. Helps pay the cost of heating. Provides phone number to your local fuel assistance agency
Utility Problems www.mass.gov/dpu	DPU/Consumer Div. 877-886-5066	State agency protects gas/electric shutoffs.
Worcester Community Action Council, Inc. <u>Fuel Assistance Program</u> <u>Weatherization Assistance Program</u>	508-754-1176 X110 800-754-1176 X110 www.wcac.net 508-754-1176 press 3	Energy and heating \$\$ help in the Central & Southern Worcester area. Weatherization services to low income households (tenants or homeowners)
Valley Opportunity Council Fuel Assistance Program www.valleyopp.com	300 High Street Holyoke, MA 01040 413-552-1548	Helps with winter heating bills for people in Brimfield, Holland, Palmer, Wales and Monson.

Citizens Energy Oil Heat Program	Phone: 877-563-4645 6 a.m. – 7 p.m.	Program allows one time hundred gallons for free.
Citizens Energy Gas Heat Program	Call: 866-427-9918 for an application.	Gives a \$150 utility bill credit to eligible households who heat with natural gas.
Nstar Discounted Rate (gas & electric company)	800-566-2080 www.nstaronline.com M – Fri 7:30 – 3:00	Helps lower the cost of energy for low income families.
FOOD		
Food Stamps www.gettingfoodstamps.org	Department of Transitional Assistance 79 North St. Southbridge, Ma. 01550 Phone: 508-765-2400 Fax: 508-765-0740	Nutrition program for financially eligible individuals and families.
Women, Infants & Children Program (WIC)	61 Pine St. Southbridge 508-765-0139 www.wictlc.com	Supplemental nutrition for pregnant women and children under 5 who are at nutritional risk.
Senior Meals Tri-Valley, Inc.	508-949-6640	Home delivered meals to seniors over age 60 & eligible disabled persons under age 60.
Food Source Hotline	Project Bread 800-645-8333	Statewide emergency food resource helpline. Mon-Fri 8am-7pm Sat. 10am – 2pm
Additional food resources can be found on the attached sheets.		
TELEPHONE		
Verizon	Phone: 1-800-837-4966 TTY: 1-800-974-6006 ----- Number for assistive equipment: 1-800-300-5658	Discounts to low income households. (Lifeline program) ----- Free or reduced rates for assistive telephone equipment for the disabled

*Additional information and resources can be accessed through
Mass 2-1-1 Referral Line, a 24 hour service, by dialing “211” or 877-211-6277
 TTY: 617-536-5872 Spanish service available.