

## Where Can I Take Classes?

Our classes are taught at two locations:

Harrington Hospital  
100 South Street  
Southbridge, MA 01550

Harrington HealthCare at Hubbard  
340 Thompson Road  
Webster, MA 01570

### Private Classes:

Harrington HealthCare offers private classes for organizations, businesses, municipal groups, industries restaurants and other entities. A minimum number of students is required and attendance must not exceed the maximum. If the maximum is exceeded, multiple sessions would become necessary. Please call for details.



Prices and schedules can be found on Harrington HealthCare's website, [www.harringtonhospital.org](http://www.harringtonhospital.org), or by calling the number below.

Phone: 508-765-3050  
Fax: 508-764-2475



**LEARN HANDS-ONLY CPR**



Harrington  
HEALTHCARE SYSTEM  
*Total Local Care*

100 South Street, Southbridge, MA 01550

CPR AND FIRST AID TRAINING

Harrington  
HEALTHCARE SYSTEM  
*Total Local Care*

Training Courses for:  
**Cardiopulmonary Resuscitation**  
**First-Aid**  
**Bloodborn Pathogens**



## Because an **Emergency** can occur **ANYTIME!**

Accidents happen in life - and they can be scary. Your younger cousin spills a chemical on his leg. Your dad gets stung by a bee. You witness your grandmother clutch her chest in pain.

The American Heart Association's CPR and Automated External Defibrillator (AED) learning programs help increase survival rates by training people just like you to respond quickly. The sad truth is most people don't survive a cardiac arrest. Four to six minutes is the window of opportunity for someone to act before it's too late, but fewer than one-third of cardiac arrest victims get CPR from someone nearby.

Harrington HealthCare is proud to be an authorized training center for the American Heart Association. We provide comprehensive CPR, First Aid and Bloodborn Pathogen education and training and our employees and the community.



*Nearly 88% of cardiac arrests occur in private, home settings.*

*Being trained to perform CPR can mean the difference between life and death for a friend or a loved one.*

## Which Classes Fit Your Needs?

1. **Healthcare Provider CPR** — Designed for medical professionals.
2. **Healthcare Provider CPR Recertification:** Designed for medical professionals whose certification is about to expire.
3. **Heartsaver AED** — Learn the critical skills of CPR plus the advanced skill of the Automated External Defibrillator (AED).
4. **Pediatric First Aid & CPR** — Geared toward anyone with exposure to small children (**daycare providers or agencies, parents, grandparents**). This class includes Heartsaver AED. The First Aid portion of the class focuses on Pediatric First Aid only.
5. **Adult First Aid & CPR** — This course is geared toward anyone with exposure to adults (**care takers, workplace, adult daycare agencies**). This class includes Heartsaver AED. The First Aid portion of the class focuses on Adult First Aid only.
6. **Bloodborn Pathogens (BBP)** — Designed to meet occupational safety and health administration (OSHA) requirements for employees in settings such as industry, Fortune 500 companies, occupational health, property management, hospital, security and others. This course might also interest those in childcare, school personnel, maintenance, body arts/tattoo art and state corrections facilities.