

Harrington Memorial Hospital Social Services Department
Compendium of Resources Fact Sheet

Utilities and Food

Description: The following sheet provides information about everyday household necessities such as heat, energy, and food. Families and individuals that may be having a difficult time meeting their utility costs may benefit from the following resources. The following programs offer subsidized or free services.

List of Resources

| NAME | CONTACT INFO | OTHER INFO |
|---|--|--|
| | ENERGY & FUEL | |
| The Good Neighbor Energy Fund www.magoodneighbor.org | Salvation Army 800-334-3047 For Area Codes 508/617/781/978 800-262-1320 Area Code 413 | Provides help to families who are slightly over income for Fuel Assistance Program. |
| National Grid www.nationalgridus.com (for application) | 800-322-3223 | Discount rates for low-income customers. |
| State Energy Assistance Programs / Heatline www.mass.gov/dhcd | 800-632-8175 <ul style="list-style-type: none"> • HEARTWAP • LIHEAP • State Heatline | Provides heating systems repair & replacement services homeowners who receive fuel assistance. Helps pay the cost of heating. Provides phone number to your local fuel assistance agency |
| Utility Problems www.mass.gov/dpu | DPU/Consumer Div. 877-886-5066 | State agency protects gas/electric shutoffs. |
| Worcester Community Action Council, Inc. Fuel Assistance Program <u>Weatherization Assistance Program</u> | 508-754-1176 X110 800-754-1176 X110 www.wcac.net 508-754-1176 press 3 | Energy and heating \$\$ help in the Central & Southern Worcester area. Weatherization services to low income households (tenants or homeowners) |
| Valley Opportunity Council Fuel Assistance Program www.valleyopp.com | 300 High Street Holyoke, MA 01040 413-552-1548 | Helps with winter heating bills for people in Brimfield, Holland, Palmer, Wales and Monson. |
| Citizens Energy Oil Heat Program | Phone: 877-563-4645 9 a.m. – 5 p.m. (Call in December) | Program allows one time hundred gallons for free. |

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This fact sheet was updated January 2014. Website: www.HarringtonHospital.org

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| Citizens Energy Heat Assistance Program | Call: 866-427-9918 for an application. | Gives a \$150 utility bill credit to eligible households who heat with natural gas. |
| Nstar Discounted Rate (gas & electric company) | 800-566-2080 www.nstaronline.com M – Fri 7:30 – 3:00 | Helps lower the cost of energy for low income families. |
| FOOD | | |
| Food Stamps www.gettingfoodstamps.org OR www.mass.gov/dta/snap | Department of Transitional Assistance 1 North St. Southbridge, Ma. 01550 Phone: 508-765-2400 Fax: 508-765-0740 | Nutrition program for financially eligible individuals and families. |
| Women, Infants & Children Program (WIC) | 29 Pine St. Southbridge 508-765-0139 | Supplemental nutrition for pregnant women and children under 5 who are at nutritional risk. |
| Senior Meals Tri-Valley, Inc. | 1-800-286-6640 508-949-6640 | Home delivered meals to homebound seniors over age 60. |
| Project Bread Food Source Hotline | 1-800-645-8333 | Statewide emergency food resource helpline. Mon-Fri 8am-7pm Sat. 10am – 2pm |
| **Additional food resources can be found on the attached sheets.** | | |
| TELEPHONE | | |
| Verizon | Phone: 1-800-837-4966 TTY: 1-800-974-6006 ----- Number for assistive equipment: 1-800-300-5658 | Discounts to low income households. (Lifeline program) ----- Free or reduced rates for assistive telephone equipment for the disabled |
| Safelinkwireless.com (Lifeline Program) | 1-800-977-3768 | Qualifying customers can receive discounts on monthly telephone services |

*Additional information and resources can be accessed through
Mass 2-1-1 Referral Line, a 24 hour service, by dialing “211” or 877-211-6277
TTY: 508-370-4890 or 7-1-1 Spanish service available.

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