

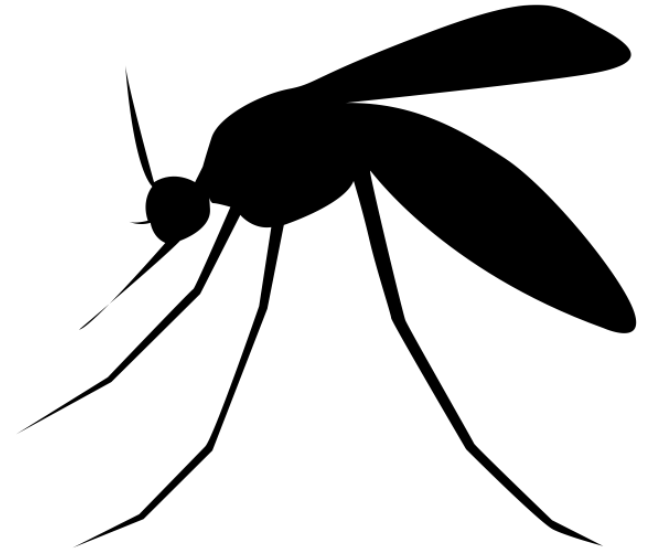
EEE (Eastern Equine Encephalitis)

WHAT IS EEE?

EEE is a rare but serious virus typically transmitted through a mosquito bite. There is currently no cure for EEE.

HOW CAN I PROTECT MYSELF?

- Wear long sleeves and long pants
- Avoid being outdoors during early morning and at dusk
- Wear insect repellent with DEET, permethrin, picaridin, IR3535 or oil of lemon eucalyptus*
- Remove areas of standing or clogged water
- Repair holes in window screens



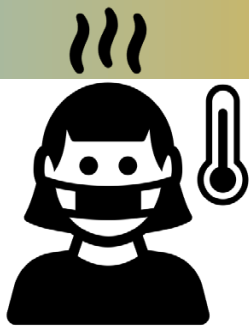
WHO IS MOST AT RISK?

Everyone is at-risk for EEE, but the virus can be exceptionally complicated for individuals over the age of 50 and under 15, in addition to those who regularly work outside.

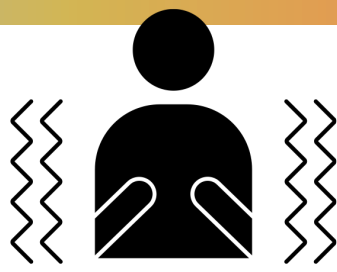
SIGNS AND SYMPTOMS



HEADACHE



FEVER



CHILLS



FATIGUE/
MUSCLE ACHES



CHANGES IN MENTAL STATUS,
CONFUSION OR SEIZURE



WHEN SHOULD I SEEK MEDICAL CARE?

While it is not necessary to bring your child(ren) or loved one(s) to the doctor right away after noticing an insect bite, you should seek **immediate medical attention** from the **Emergency Room** if you notice a **combination of the above symptoms**, especially any signs of confusion, seizure or changes in mental status.

*DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age. For more information, visit mass.gov.