

Award-winning Physical Therapy and Sports Medicine Clinic

Post-Surgery, early intervention with therapy can speed up recovery and avoid further damage. Pre-surgery therapy (“Prehab”) also plays an important role in your post-surgery recovery.

At Harrington, our Rehabilitation Department has more than 30 licensed clinicians who are skilled at bringing you back to your daily activities and range of motion. We provide customized care for all types of orthopedic injuries, including knees, shoulders, elbows, hips, ankles, and hands.

Our therapists will help you manage your symptoms and improve strength and coordination.

We have consistently been honored with excellence in achievement awards from FOTO (Focus on Therapeutic Outcomes) for surpassing orthopedic and clinical goals for patients.



**For an appointment:
508-434-1435**

Three Convenient Locations:
20 Southbridge Road, Charlton
100 South Street, Southbridge
72 Cudworth Road, Webster

94 South Street, Southbridge MA
508-764-2772

All diagnostic imaging services read by Harvard
Medical Faculty Physicians in partnership with



**Beth Israel Deaconess
Medical Center**

ORTHOPEDIC SURGERY

Harrington

PHYSICIAN SERVICES

Compassionate Quality Care



**Keeping you mobile
at any age.**

We'll Get You Moving Again.

Whether in sports or the game of life, mobility matters at any age. But when overuse, arthritis or accidents cause stiffness and pain, it's not fun being sidelined. When it hurts too much to get out of the car, walk a short distance, or play with your kids, we are here to help by offering full-service, nonsurgical and surgical orthopedic care close to home. We'll help you get back in action.

We Specialize In:

- Bone Fracture & Trauma
- Splints & Casts
- Sports Medicine
- Achilles Tendonitis
- Bicep/Tricep Tears
- Bunionectomy
- Carpal Tunnel Syndrome
- Compression Neuropathies
- Elbow reconstruction
- Elbow tendonitis
- Ganglion cysts
- Hand surgery
- Hip Injections
- Knee Arthroscopy
- Knee Injections
- Meniscus Tears
- Plantar Fasciitis
- Shoulder Arthroscopy
- Shoulder Injections
- Trigger Finger
- Total Hip Replacement
- Total Knee Replacement
- Total Shoulder Replacement



State-of-the-Art Imaging

When you visit our orthopedic office, we want to make sure you receive the best and most convenient care.

We offer X-Rays right in the office suite--no need to travel back and forth between locations.

Plus, every exam room has X-ray displays to help our physicians diagnose your condition as quickly as possible.

Bringing to Best in Boston to You

At Harrington, we have invested in our technology and share an innovative relationship with Harvard Medical Faculty Physicians from Beth Israel Deaconess Medical Center. Our collaborative care provides the region's most advanced and comprehensive diagnostic imaging services available.

Board-certified and Boston-trained radiologists are on-site every day to read and interpret imaging scans, as well as provide expertise to each patient on their individual treatment plan.

Total Joint Surgery

Increasingly, due to post-injury, trauma, or arthritis-related issues, patients are seeking total joint replacement surgery for knees, hips, and shoulders.

Our board-certified orthopedic surgeons perform many total joint procedures each year on our Southbridge campus.

We offer a comprehensive Total Joint Class to our participants. Our active group consists of members from our orthopedic office, our nursing and surgical team, our case management department, nutrition services, and our physical therapy staff.

You will have all your questions answered, and have resources available before, during, and after your procedure should you have any questions.

